



Bay Hemp Hat

(a cabled hat made from hemp yarn)

Certified organic hemp yarn from Romania. Created by Patty Thomas of Daisy Yarns of San Francisco for individual use (not to be copied or published without permission, www.daisy yarns.com), 2009.

Level:

Advanced Beginner (requires ability to knit 2 strands together as one strand, purl 2 strands together as one strand, knit 2 stitches together as one stitch, cable 4 Front and knit in the round).

Sizes: One Size

Materials:

3 balls (35 grams each of certified organic hemp yarn grown in Romania from Daisy Yarns of San Francisco an Online Yarn Store), Needles: Size 7 Double Bamboo Circular 16" length and one set of Size 7 bamboo double pointed needles, yarn needle, cable hook, stitch counter to count the rows where you cable, stitch markers.

Important Notes:

1. **The hat was machine washed and dried before being photographed on model.**
2. The long wearing hemp yarn **knits with a slightly stiff feeling and shiny texture**. However, after machine washing this disappears and it is as the photo shows. Washing the hemp changes the texture to a softer fabric.
3. Due to the organic nature of this yarn, each ball may contain two or three breaks that are knotted. However, unlike yarn from China, it is still extremely durable and holds up well under cabling stitches and machine washing. There are no weak thick and thin areas in the balls. This yarn still meets my very high standards.

Using and Knitting Two Strands as One Strand Cast on 111 stitches using Cable Cast on Method

Row A: Knit 1, Purl 1 to the end of the row. **PLACE YOUR STITCH MARKER!**

Row B: Join circle by moving the Last stitch from the RIGHT needle to the Left needle. Knit two stitches together. **You now have 110 stitches on your circular needles!** This is easiest way to join circular knitting and there are several ways.

Row C: Knit 1, Purl 1 in the round to where you placed the marker for **1 ½ inches**.

Row D: *P2, K6, P2, K1* REPEAT FOR for 2 Rounds from the stitch marker.

Body of Hat (in sets of 11 stitches)

Set your stitch counter to 1 and move to next higher round after each 7 FULL ROUNDS from the stitch marker.

- Row 1: *P2, Cable 6 Front (put 3 stitches on the cable hook and hold in front and knit the next 3 stitches then knit the 3 stitches from the cable hook), P2, K1* REPEAT TO THE END OF THE ROUND WHERE STITCH MARKER IS!
- Rows 2-7: *P2, K6, P2, K1* REPEAT FOR for **7 FULL Rounds from the stitch marker**. Start over with Row 1

REPEAT ROWS 1-7 until hat is 6 or 6¼ inches from the bottom cast on line.

Shaping the Hat crown

- A. *P2 together, K6, P2 together, K1* repeat to the end of the round where the stitch marker is.
- B. *P1, K2 then K2 together K2, P1, K1* repeat to the end of the round where the stitch marker is.

You will start using your double pointed needles now. The next stitch will moved over to the double pointed needles as you knit because knitting in the round will be too hard on your yarn and stretch it to the point of breaking.

When you make the transition you will use 3 of the 4 needles for stitches divided up fairly equally your remaining stitches. The 4th needle is used to knit with. Keep Your Stitch marker going!

- C. *P1, K1 K2 together K2, P1, K1* repeat as you knit this round in the round while placing them on double pointed needles. This pattern will cause the cable section to now have 4 stitches.
- D. *P1, Cable 4 Front (put 2 stitch on the cable hook and hold in front and knit the next 2 stitches then knit the 2 stitches from the cable hook), P1, K1*
- E. *P1, K4, P1, K1* to the end of the round.
- F. *P1, K1, K2 together, K1, P1, K1* to the end of the round.
- G. Knit 2 together **all remaining rounds** until only 8 stitches are left.

Cut an 8 inch tail of yarn and using your yarn needle pull it tight through the remaining stitches. Turn your hat wrong side out, weave in the tail and any loose end on the inside of the hat. Trim extra remaining yarn. Turn back and viola tout...your hemp masterpiece.

IMPORTANT NOTE:

Before wearing or giving away it's important to machine wash and machine dry. This turns the hat from a twine like appearance to a long wearing fabric. I can only tell you when you remove the hat out of the dryer it will look like the photo on the first page.